

132 Addition of Angular Momenta

Consider first a simple problem: two particles each of spin $1/2$. We want to know how to describe their states. Clearly we have \vec{S}_1 and \vec{S}_2 , with $\hbar/2$ each, just two states $|\uparrow\rangle_1, |\downarrow\rangle_1, |\uparrow\rangle_2, |\downarrow\rangle_2$.
 \Rightarrow we have a total of 4 states

$$|\uparrow\uparrow\rangle, |\uparrow\downarrow\rangle, |\downarrow\uparrow\rangle, |\downarrow\downarrow\rangle$$

$$S_1^z |\uparrow\uparrow\rangle = \frac{\hbar}{2} |\uparrow\uparrow\rangle$$

$$S_1^z |\uparrow\downarrow\rangle = +\frac{\hbar}{2} |\uparrow\downarrow\rangle$$

$$S_1^z |\downarrow\uparrow\rangle = -\frac{\hbar}{2} |\downarrow\uparrow\rangle$$

$$S_1^z |\downarrow\downarrow\rangle = -\frac{\hbar}{2} |\downarrow\downarrow\rangle$$

and so on.

$$\text{Let } \vec{S} = \vec{S}_1 + \vec{S}_2$$

$$[S_1^i, S_2^j] = 0$$

$$\Rightarrow [S_i^k, S_j^l] = i\hbar \epsilon_{ijk} S_k$$

Q: What are the ~~states~~ ^{eigenstates} of \vec{S}^2 and of S_z ?

$$S_z |\uparrow\uparrow\rangle = (S_{1z} + S_{2z}) |\uparrow\uparrow\rangle = \left(\frac{\hbar}{2} + \frac{\hbar}{2}\right) |\uparrow\uparrow\rangle = \hbar |\uparrow\uparrow\rangle$$

$$S_z |\downarrow\downarrow\rangle = \left(-\frac{\hbar}{2} - \frac{\hbar}{2}\right) |\downarrow\downarrow\rangle = -\hbar |\downarrow\downarrow\rangle$$

$$S_z |\uparrow\downarrow\rangle = \left(\frac{\hbar}{2} - \frac{\hbar}{2}\right) |\uparrow\downarrow\rangle = 0$$

$$S_z |\downarrow\uparrow\rangle = \left(-\frac{\hbar}{2} + \frac{\hbar}{2}\right) |\downarrow\uparrow\rangle = 0$$

$$\vec{S}^2 = \vec{S}_1^2 + \vec{S}_2^2 + 2 \vec{S}_1 \cdot \vec{S}_2$$

$$\begin{aligned} \vec{S}_1 \cdot \vec{S}_2 &= S_{1x} S_{2x} + S_{1y} S_{2y} + S_{1z} S_{2z} \\ &= \frac{1}{2} (S_{1x} + i S_{1y}) (S_{2x} - i S_{2y}) + \frac{1}{2} (S_{1x} - i S_{1y}) (S_{2x} + i S_{2y}) + S_{1z} S_{2z} \\ &= \frac{1}{2} (S_{1+} S_{2-} + S_{1-} S_{2+}) + S_{1z} S_{2z} \end{aligned}$$

$$\Rightarrow \vec{S}^2 = \vec{S}_1^2 + \vec{S}_2^2 + 2 \cdot \frac{1}{2} (S_{1+} S_{2-} + S_{1-} S_{2+}) + 2 S_{1z} S_{2z}$$

$$\Rightarrow \vec{S}^2 |\uparrow\uparrow\rangle = \hbar^2 \frac{3}{4} |\uparrow\uparrow\rangle + \hbar^2 \frac{3}{4} |\uparrow\uparrow\rangle + 0 + 0 + 2 \left(\frac{\hbar}{2}\right)^2 |\uparrow\uparrow\rangle$$

$$\vec{S}^2 |s, m\rangle = \hbar^2 s(s+1) |s, m\rangle$$

$$S^+ |s, s\rangle = 0$$

$$S^- |s, -s\rangle = 0$$

$$\begin{aligned} S^\pm |s, m\rangle &= \hbar \sqrt{s(s+1) - m(m\pm 1)} |s, m\pm 1\rangle \\ &= \hbar \sqrt{(s\mp m)(s\pm m+1)} |s, m\pm 1\rangle \end{aligned}$$

$$\Rightarrow \vec{S}^2 |\uparrow\uparrow\rangle = \hbar^2 \left(\frac{3}{4} + \frac{3}{4} + \frac{2}{4} \right) |\uparrow\uparrow\rangle = 2\hbar^2 |\uparrow\uparrow\rangle$$

$$\Rightarrow s=1 \quad \text{since } s(s+1) = 2$$

$$S_z |\uparrow\uparrow\rangle = \hbar |\uparrow\uparrow\rangle$$

$$\Rightarrow |\uparrow\uparrow\rangle = \langle 1, 1 | \quad s=1, m=1$$

What is the state $|1, 0\rangle$?

$$S^- |s, m\rangle = \hbar \sqrt{s(s+1) - m(m-1)} |s, m-1\rangle$$

$$\Rightarrow S^- |1, 1\rangle = \hbar \sqrt{2-0} |1, 0\rangle$$

$$\Rightarrow |1, 0\rangle = \frac{1}{\sqrt{2}\hbar} S^- |1, 1\rangle$$

$$S_{\bullet}^{-} = S_1^{-} + S_2^{-}$$

$$S^{-} |11\rangle = S_1^{-} |\uparrow\uparrow\rangle + S_2^{-} |\uparrow\uparrow\rangle = \hbar (|\downarrow\uparrow\rangle + |\uparrow\downarrow\rangle)$$

$$S_1^{-} |\uparrow\rangle = \hbar |\downarrow\rangle$$

$$S_2^{+} |\downarrow\rangle = \hbar |\uparrow\rangle$$

But $S^{-} |11\rangle = \hbar \sqrt{1(1+1) - 1(1-1)} |10\rangle$

$$\Rightarrow |10\rangle = \frac{1}{\sqrt{2}\hbar} S^{-} |11\rangle$$

$$\Rightarrow |10\rangle = \frac{1}{\sqrt{2}\hbar} \cancel{\hbar} (|\downarrow\uparrow\rangle + |\uparrow\downarrow\rangle)$$

$$\Rightarrow |10\rangle = \frac{1}{\sqrt{2}} (|\uparrow\downarrow\rangle + |\downarrow\uparrow\rangle)$$

Similarly

$$\S |1,-1\rangle = S_{-} |10\rangle \frac{1}{\hbar \sqrt{1 \cdot 2 - 0 \cdot 1}}$$

$$|1,-1\rangle = \frac{1}{\hbar \sqrt{2}} S_{-} |10\rangle$$

$$|1,-1\rangle = \frac{1}{\hbar \sqrt{2}} \frac{1}{\sqrt{2}} [S_{-} |\uparrow\downarrow\rangle + S_{-} |\downarrow\uparrow\rangle]$$

$$= \frac{1}{2\hbar} [\hbar |\downarrow\downarrow\rangle + 0 + 0 + \hbar |\downarrow\downarrow\rangle]$$

$$= \frac{2\hbar}{2\hbar} |\downarrow\downarrow\rangle$$

$$\Rightarrow |1,-1\rangle = |\downarrow\downarrow\rangle$$

$$\Rightarrow \text{the states } \left. \begin{aligned} |11\rangle &= |\uparrow\uparrow\rangle \\ |10\rangle &= \frac{1}{\sqrt{2}}(|\uparrow\downarrow\rangle + |\downarrow\uparrow\rangle) \\ |1-1\rangle &= |\downarrow\downarrow\rangle \end{aligned} \right\} \text{triplet}$$

are the three states with $S=1$ and $m=1, 0, -1$

But we had 4 states!

clearly given $|\uparrow\downarrow\rangle$ and $|\downarrow\uparrow\rangle$ there are two linearly independent, orthonormal states

$$\frac{1}{\sqrt{2}}(|\uparrow\downarrow\rangle + |\downarrow\uparrow\rangle) \text{ and } \frac{1}{\sqrt{2}}(|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle)$$

Both have $S_z = 0$ but the first has $S=1$

Let's compute

$$\vec{S}^2 \frac{1}{\sqrt{2}}(|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle) = (\vec{S}_1^2 + \vec{S}_2^2 + S_1^+ S_2^- + S_1^- S_2^+ + 2S_1^z S_2^z) \frac{1}{\sqrt{2}}(|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle)$$

$$\text{but } \vec{S}_1^2 |\uparrow\downarrow\rangle = \frac{3}{4}\hbar^2 |\uparrow\downarrow\rangle \quad \vec{S}_1^2 |\downarrow\uparrow\rangle = \frac{3}{4}\hbar^2 |\downarrow\uparrow\rangle$$

$$\vec{S}_2^2 |\uparrow\downarrow\rangle = \frac{3}{4}\hbar^2 |\uparrow\downarrow\rangle \quad \vec{S}_2^2 |\downarrow\uparrow\rangle = \frac{3}{4}\hbar^2 |\downarrow\uparrow\rangle$$

$$S_1^+ S_2^- |\uparrow\downarrow\rangle = 0 \quad S_1^+ S_1^- |\downarrow\uparrow\rangle = \hbar^2 |\uparrow\downarrow\rangle$$

$$S_1^- S_2^+ |\uparrow\downarrow\rangle = \hbar^2 |\downarrow\uparrow\rangle \quad S_1^- S_1^+ |\downarrow\uparrow\rangle = 0$$

$$S_1^z S_2^z |\uparrow\downarrow\rangle = -\frac{\hbar^2}{4} |\uparrow\downarrow\rangle \quad S_1^z S_2^z |\downarrow\uparrow\rangle = -\frac{\hbar^2}{4} |\downarrow\uparrow\rangle$$

$$\vec{S}^2 \frac{1}{\sqrt{2}}(|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle) = \frac{1}{\sqrt{2}} \left(\frac{3}{4}\hbar^2 \times 2 \right) |\uparrow\downarrow\rangle - \frac{1}{\sqrt{2}} \frac{3}{4}\hbar^2 \times 2 |\downarrow\uparrow\rangle$$

$$\Rightarrow S=0 \quad \Rightarrow \quad |0,0\rangle = \frac{1}{\sqrt{2}}(|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle) \quad \text{Singlet}$$

\Rightarrow given two $s = \frac{1}{2}$ we have ~~two~~ ^{two} states per spin and a total of 4 states: 3 states with $S=1$ and one state with $S=0$

$$\text{Clearly } \vec{S}_1 \cdot \vec{S}_2 = \frac{1}{2} [(\vec{S}_1 + \vec{S}_2)^2 - \vec{S}_1^2 - \vec{S}_2^2] = \frac{1}{2} (\vec{S}^2 - \vec{S}_1^2 - \vec{S}_2^2) = \frac{\hbar^2}{2} (S(S+1) - \frac{3}{4} - \frac{3}{4})$$

$$\vec{S}_1 \cdot \vec{S}_2 = \frac{\hbar^2}{2} (S(S+1) - \frac{3}{2})$$

$$\vec{S}_1 \cdot \vec{S}_2 |1, m\rangle = \frac{\hbar^2}{2} (1 \cdot 2 - \frac{3}{2}) |1, m\rangle = \frac{\hbar^2}{4} |1, m\rangle \quad \text{triplet}$$

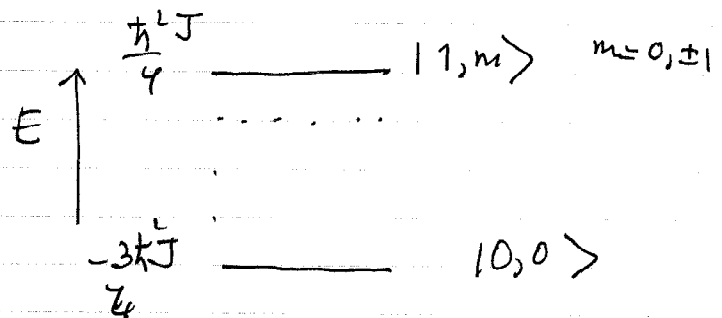
$$\vec{S}_1 \cdot \vec{S}_2 |0, 0\rangle = \frac{\hbar^2}{2} (0 - \frac{3}{2}) |0, 0\rangle = -\frac{3}{4} \hbar^2 |0, 0\rangle \quad \text{singlet}$$

$$\text{Thus if } H = J \vec{S}_1 \cdot \vec{S}_2 = \frac{J}{2} (\vec{S}^2 - \vec{S}_1^2 - \vec{S}_2^2)$$

Eigenstates are $|S, m\rangle$

$$H |1, m\rangle = J \frac{\hbar^2}{4} |1, m\rangle$$

$$H |0, 0\rangle = -\frac{3J\hbar^2}{4} |0, 0\rangle$$



$J > 0$

$$Q: P_0 = \frac{\hbar^2}{4} \vec{S}_1 \cdot \vec{S}_2$$

$$P_0 |0, 0\rangle = 0$$

$$P_1 = 1 - P_0, \quad P_1 |1, m\rangle = 0$$

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Addition of two angular momenta (general)two ang. momenta \vec{J}_1, \vec{J}_2

$$\vec{J} = \vec{J}_1 + \vec{J}_2$$

$$\vec{J}_1^2 |j_1, m_1\rangle = \hbar^2 j_1(j_1+1) |j_1, m_1\rangle, \quad \vec{J}_2^2 |j_2, m_2\rangle = \hbar^2 j_2(j_2+1) |j_2, m_2\rangle$$

$$J_1^z |j_1, m_1\rangle = \hbar m_1 |j_1, m_1\rangle, \quad J_2^z |j_2, m_2\rangle = \hbar m_2 |j_2, m_2\rangle$$

\Rightarrow Form the direct product

$$|j_1, m_1\rangle \times |j_2, m_2\rangle \equiv |j_1, j_2, m_1, m_2\rangle$$

$$[j_1 \otimes j_2]$$

Q: Can we construct the basis of eigenstates of \vec{J}^2 and J_z ?

$$[J_i, J_j] = i\hbar \epsilon_{ijk} J_k$$

$$\vec{J}^2 = \vec{J}_1^2 + \vec{J}_2^2 + 2\vec{J}_1 \cdot \vec{J}_2$$

We want a basis $|j_1, j_2, j, m\rangle$ since

$\vec{J}_1^2, \vec{J}_2^2, \vec{J}^2$, and J_z commute with each other.

$$\vec{J}^2 |j_1, j_2, j, m\rangle = \hbar^2 j(j+1) |j_1, j_2, j, m\rangle$$

$$J_z |j_1, j_2, j, m\rangle = \hbar m |j_1, j_2, j, m\rangle$$

$$J_1^2 |j_1, j_2, j, m\rangle = \hbar^2 j_1(j_1+1) |j_1, j_2, j, m\rangle$$

$$J_2^2 |j_1, j_2, j, m\rangle = \hbar^2 j_2(j_2+1) |j_1, j_2, j, m\rangle$$

L18

Clebsch - Gordan CoefficientsWe want to ~~find~~ find the linear combinations

$$|j_1 j_2 j m\rangle = \sum_{\substack{j_1' j_2' \\ m_1 m_2}} |j_1' j_2' m_1 m_2\rangle \underbrace{\langle j_1' j_2' m_1 m_2 | j_1 j_2 j m\rangle}_{\text{coefficients}}$$

|||
Clebsch - Gordan Coefficients

Since

$$\begin{aligned} \langle j_1' j_2' m_1 m_2 | \vec{J}_1^2 | j_1 j_2 j m\rangle &= \hbar^2 j_1'(j_1'+1) \langle j_1' j_2' m_1 m_2 | j_1 j_2 j m\rangle \\ &= \hbar^2 j_1(j_1+1) \langle j_1' j_2' m_1 m_2 | j_1 j_2 j m\rangle \end{aligned}$$

\Rightarrow the coeff. is zero unless $\boxed{j_1 = j_1'}$ and $\boxed{j_2 = j_2'}$

Also

$$\begin{aligned} \langle j_1 j_2 m_1 m_2 | J_z | j_1 j_2 j m\rangle &= (m_1 + m_2) \hbar \langle j_1 j_2 m_1 m_2 | j_1 j_2 j m\rangle \\ &= m \hbar \langle j_1 j_2 m_1 m_2 | j_1 j_2 j m\rangle \end{aligned}$$

$\Rightarrow \boxed{m = m_1 + m_2}$ or the coeff. is zero.

\Rightarrow the only $\neq 0$ coeffs. are of the form

$$\langle j_1 j_2 m_1 m_2 | j_1 j_2 j, m = m_1 + m_2\rangle$$

$$\Rightarrow |j_1 j_2 j m\rangle = \sum_{\substack{m_1, m_2 \\ m_1 + m_2 = m}} |j_1 j_2 m_1 m_2\rangle \langle j_1 j_2 m_1 m_2 | j_1 j_2 j m\rangle$$

$$j_1 \otimes j_2 = (j_1 + j_2) \oplus \dots \oplus |j_1 - j_2|$$

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$$\text{dimension} = (2j_1 + 1)(2j_2 + 1)$$

For j_1, j_2 fixed there are $\underline{2j_1+1}$ possible values of $\underline{m_1}$ and $\underline{2j_2+1}$ values of $\underline{m_2} \Rightarrow$ there are $(2j_1+1) \times (2j_2+1)$ linearly independent states $|j_1 j_2 j m\rangle$

But there is only one state with $j_1+j_2 = m_1+m_2$, there are two states with $m_1+m_2 = j_1+j_2-1$ (i.e.

$m_1=j_1, m_2=j_2-1$ and $m_1=j_1-1, m_2=j_2$). In general

there are as many diff. states with fixed \underline{m} as

we can choose m_1 and $m_2 / m_1+m_2=m$.

For $m \geq |j_1-j_2|$ there are j_1+j_2-m+1 different ways

while for $-|j_1-j_2| < m < |j_1-j_2|$ there are $j_1+j_2-|j_1-j_2|+1$

diff. ways and for $|m| < -|j_1-j_2|$ there are

$j_1+j_2-|m|+1$ diff. ways.

e.g. $j_1=2, j_2=1$ we have 1 state with $m=\pm 3$, 2

states with $m=\pm 2$, 3 states with $m=\pm 1$ and 3 states

with $m=0$ with a total of $2 \times 1 + 2 \times 2 + 2 \times 3 + 3 = 15 = (2 \times 2 + 1) \binom{2+1}{1}$

What are the possible values of \underline{j} that we can make with fixed j_1 and j_2 ?

We notice first that if we have a state $|j_1 j_2 j' m\rangle$

\Rightarrow we can form all other states $|j_1 j_2 j' m'\rangle$ ($|m'| \leq j'$)

by acting with $\underline{J}_{\pm} = \underline{J}_{1\pm} + i \underline{J}_{2\pm}$

\Rightarrow we must break the $(2j_1+1) \times (2j_2+1)$ states into multiplets with given j .

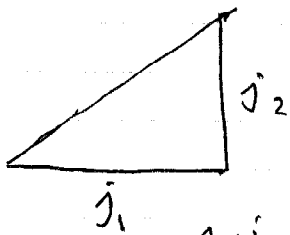
Since $m = j_1 + j_2$ is the largest $m \Rightarrow j = j_1 + j_2$ is the largest j .

\Rightarrow we must have a ~~2~~ multiplet with $2j+1$ ($j = j_1 + j_2$) states. What's next? The next largest value of m is $j_1 + j_2 - 1$ (there are two such states but one has $j = j_1 + j_2$).

\Rightarrow there are $2(j_1 + j_2 - 1) + 1$ states in that multiplet.

Next there is a state with highest $m = j_1 + j_2 - 2$ (~~there is~~ ^{there is} a total of 3 of these states but ~~two~~ two are already counted in the two other multiplets) $\Rightarrow \mathbb{Z} \quad 2(j_1 + j_2 - 2) + 1 \dots$

In general $|j_1 - j_2| \leq j \leq j_1 + j_2$



The possible values of j must differ by integers

check $\sum_{j=|j_1-j_2|}^{j_1+j_2} (2j+1) = (2j_1+1)(2j_2+1) \quad \checkmark$

Clebsch-Gordan Methods

Orthogonality relations:

$$|j_1 j_2 j m\rangle = \sum_{\substack{j_1, j_2, m_1, m_2 \\ (m = m_1 + m_2)}} |j_1 j_2 m_1 m_2\rangle \langle j_1 j_2 m_1 m_2 | j_1 j_2 j m\rangle$$

$$\Rightarrow \langle j_1 j_2 m_1' m_2' | j_1 j_2 m_1 m_2\rangle =$$

$$\begin{aligned} &= \sum_{j, m} \langle j_1 j_2 m_1' m_2' | j_1 j_2 j m\rangle \langle j_1 j_2 j m | j_1 j_2 m_1 m_2\rangle \\ &= \delta_{m_1 m_1'} \delta_{m_2 m_2'} \end{aligned}$$

$$\Rightarrow \sum_{j, m} \langle j_1 j_2 m_1' m_2' | j_1 j_2 j m\rangle \langle j_1 j_2 j m | j_1 j_2 m_1 m_2\rangle = \delta_{m_1 m_1'} \delta_{m_2 m_2'}$$

The CGCs can be taken to be real

$$\Rightarrow \langle j_1 j_2 j m | j_1 j_2 j_1 m_2\rangle = \langle j_1 j_2 m_1 m_2 | j_1 j_2 j m\rangle$$

and

$$\begin{aligned} \sum_{\substack{m_1, m_2 \\ (m_1 + m_2 = m)}} \langle j_1 j_2 j m | j_1 j_2 m_1 m_2\rangle \langle j_1 j_2 m_1 m_2 | j_1 j_2 j' m'\rangle &= \langle j_1 j_2 j m | j_1 j_2 j' m'\rangle \\ &= \delta_{j j'} \delta_{m m'} \end{aligned}$$

\Rightarrow for $j = j'$, $m = m'$

$$\Rightarrow 1 = \sum_{\substack{m_1, m_2 \\ (m_1 + m_2 = m)}} \langle j_1 j_2 j m | j_1 j_2 m_1 m_2\rangle^2$$

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How to determine the CGC's

use the recursion relations from the m.e.

$$\langle j_1 j_2 m_1 m_2 | J_{\pm} | j_1 j_2 j m \rangle$$

acting on
the
right

$$\Rightarrow \langle j_1 j_2 m_1 m_2 | J_{\pm} | j_1 j_2 j m \rangle =$$

$$= \hbar \sqrt{j(j+1) - m(m \pm 1)} \langle j_1 j_2 m_1 m_2 | j_1 j_2 j m \pm 1 \rangle$$

acting on
the lff
($J_{\pm} = J_{1\pm} + J_{2\pm}$)

$$\langle j_1 j_2 m_1 m_2 | J_{1\pm} + J_{2\pm} | j_1 j_2 j m \rangle =$$

$$= \hbar \sqrt{j_1(j_1+1) - m_1(m_1 \pm 1)} \langle j_1 j_2 m_1 \pm 1 m_2 | j_1 j_2 j m \rangle$$

$$+ \hbar \sqrt{j_2(j_2+1) - m_2(m_2 \pm 1)} \langle j_1 j_2 m_1 m_2 \pm 1 | j_1 j_2 j m \rangle$$

\Rightarrow recursion relations

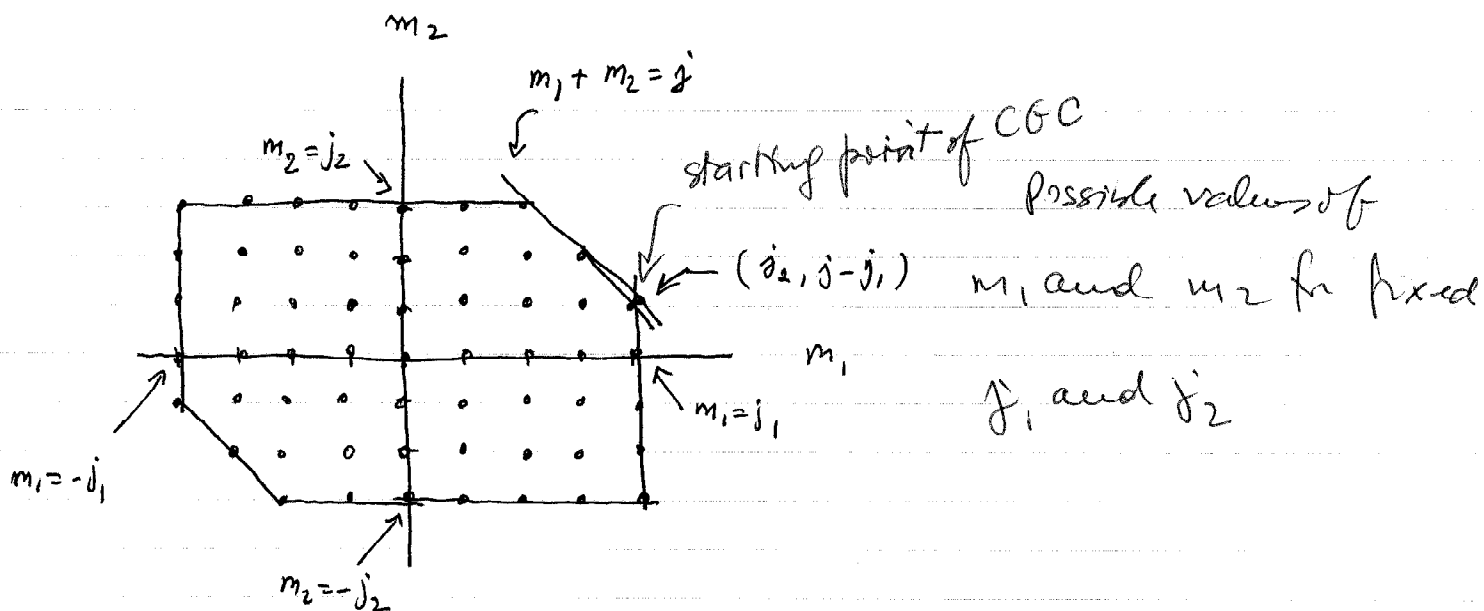
$$\sqrt{j(j+1) - m(m \pm 1)} \langle j_1 j_2 m_1 m_2 | j_1 j_2 j m \pm 1 \rangle =$$

$$= \sqrt{j_1(j_1+1) - m_1(m_1 \pm 1)} \langle j_1 j_2 m_1 \pm 1 m_2 | j_1 j_2 j m \rangle$$

$$+ \sqrt{j_2(j_2+1) - m_2(m_2 \pm 1)} \langle j_1 j_2 m_1 m_2 \pm 1 | j_1 j_2 j m \rangle$$

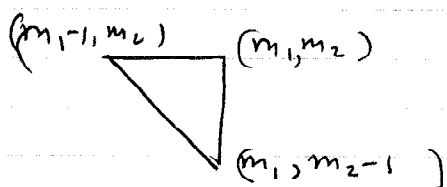
We will use these rec. rel. + the condition

$$\sum_{m_1, m_2} \left| \langle j_1 j_2 j m | j_1 j_2 m_1 m_2 \rangle \right|^2 = 1 \quad \text{to determine the CGCs.}$$



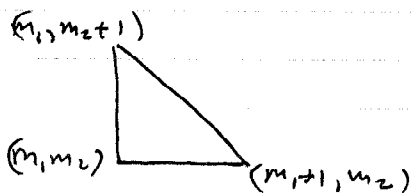
The recursion relations imply that if we know the coefficients $\langle j_1 j_2 m_1 m_2 | j_1 j_2 j m \rangle$ for fixed j and

$(m_1, m_2 - 1), (m_1 - 1, m_2) \Rightarrow$ we know it for (m_1, m_2)



"upper" rec. rel.

and, for fixed j ,



"lower" rec. rel.

In particular, if we set $m_1 = j_1$, we get (choosing the "upper" rec. rel.)

$$\begin{aligned} \sqrt{j(j+1) - m(m+1)} \langle j_1 j_2, j_1, m_2 | j_1 j_2, j, m+1 \rangle &= \\ &= \sqrt{j_2(j_2+1) - m_2(m_2+1)} \langle j_1 j_2, j_1, m_2+1 | j_1 j_2, j, m \rangle \end{aligned}$$

Similarly ("lower")

$$\begin{aligned} \frac{1}{\hbar} \sqrt{j(j+1) - m(m-1)} \langle j_1, j_2, m_2, j_2 | j_1, j_2, j, m-1 \rangle &= \\ = \sqrt{j_1(j_1+1) - m_1(m_1+1)} \langle j_1, j_2, m_1+1, j_2 | j_1, j_2, j, m \rangle \end{aligned}$$

We will now apply these relations to find the CGCs for the important case $j_1 = l \in \mathbb{Z}$ and $j_2 = \frac{1}{2}$

Clearly, we will only have $j = l + \frac{1}{2}, l - \frac{1}{2}$.

The state $|j_1, j_2, m_1, m_2\rangle = |l, \frac{1}{2}, l, \frac{1}{2}\rangle$ is the only state with $m = l + \frac{1}{2} \Rightarrow$ it must have $j = l + \frac{1}{2}$

$$\Rightarrow |l, \frac{1}{2}, l, \frac{1}{2}\rangle = |l, \frac{1}{2}, l + \frac{1}{2}, l + \frac{1}{2}\rangle$$

$\begin{array}{cccc} \uparrow & \uparrow & \uparrow & \uparrow \\ j_1 & j_2 & j & m \end{array}$

$$\Rightarrow \langle l, \frac{1}{2}, l, \frac{1}{2} | l, \frac{1}{2}, l + \frac{1}{2}, l + \frac{1}{2} \rangle = 1. \quad (\text{normalization})$$

Also, for this case, the relations become

$$\begin{aligned} \sqrt{(l + \frac{1}{2})(l + \frac{3}{2}) - m(m-1)} \langle l, \frac{1}{2}, m_1, \frac{1}{2} | l, \frac{1}{2}, l + \frac{1}{2}, m-1 \rangle &= \\ = \sqrt{l(l+1) - m_1(m_1+1)} \langle l, \frac{1}{2}, m_1+1, \frac{1}{2} | l, \frac{1}{2}, l + \frac{1}{2}, m \rangle \end{aligned}$$

after substituting $m \rightarrow m+1$ and ~~replacing~~ $m_1 = m + \frac{1}{2}$

we get

$$\begin{aligned} & \sqrt{\left(l + \frac{1}{2}\right)\left(l + \frac{3}{2}\right) - m(m+1)} \left\langle l, \frac{1}{2}, m-1, \frac{1}{2} \mid l, \frac{1}{2}, l + \frac{1}{2}, m \right\rangle \\ &= \sqrt{l(l+1) - m_1(m_1-1)} \left\langle l, \frac{1}{2}, m_1, \frac{1}{2} \mid l, \frac{1}{2}, l + \frac{1}{2}, m+1 \right\rangle \end{aligned}$$

Also $j(j+1) - m(m+1) = (j - m)(j + m + 1)$

\Rightarrow (setting $m_1 = m + \frac{1}{2}$)

$$\left\langle l, \frac{1}{2}, m + \frac{1}{2}, \frac{1}{2} \mid l, \frac{1}{2}, l + \frac{1}{2}, m \right\rangle = \sqrt{\frac{(l + m_1)(l - m_1 + 1)}{\left(l + \frac{1}{2} - m\right)\left(l + \frac{1}{2} + m + 1\right)}}$$

$$\left\langle l, \frac{1}{2}, m + \frac{1}{2}, \frac{1}{2} \mid l, \frac{1}{2}, l + \frac{1}{2}, m + 1 \right\rangle$$

$$= \sqrt{\frac{l + m + \frac{1}{2}}{l + m + \frac{3}{2}}} \left\langle l, \frac{1}{2}, m + \frac{1}{2}, \frac{1}{2} \mid l, \frac{1}{2}, l + \frac{1}{2}, m + 1 \right\rangle$$

\Rightarrow iterating this relation and using the normalization property

$$\Rightarrow \left\langle l, \frac{1}{2}, m - \frac{1}{2}, \frac{1}{2} \mid l, \frac{1}{2}, l + \frac{1}{2}, m \right\rangle = \sqrt{\frac{l + m + \frac{1}{2}}{2l + 1}}$$

Likewise,

$\langle j_1, m_1, \frac{1}{2}, m_2 j, \frac{1}{2}, j, m \rangle$		
$j \backslash m$	$m_2 = 1/2$	$m_2 = -1/2$
$j = j_1 + 1/2$	$+\sqrt{\frac{j_1 + m + \frac{1}{2}}{2j_1 + 1}}$	$+\sqrt{\frac{j_1 - m + \frac{1}{2}}{2j_1 + 1}}$
$j = j_1 - 1/2$	$-\sqrt{\frac{j_1 - m + \frac{1}{2}}{2j_1 + 1}}$	$+\sqrt{\frac{j_1 + m + \frac{1}{2}}{2j_1 + 1}}$

Applications to Spin-Orbit interactions

Using the CGC's we can construct the basis $|l s j m\rangle$ from the basis $|l m s m_s\rangle$. For $s = 1/2$ and $l \in \mathbb{Z}$ the CGC's are given by the table above.

In the absence of spin it is standard to denote the ~~the~~ angular momentum levels by ~~the~~ letters as

$l =$	0	1	2	3	4	...
	s	p	d	e	f	...

With spin it is common to use the modified notation

$^{2S+1}L_J$ where $L = l$ (the orbital ang. momentum)
 J is j
 $2S+1$ multiplicity due to spin
 (for a single electron atom $2S+1=2$)

S P D E F

For multielectron atoms, L is the total angular momentum, S is the total spin and J is their ~~sum~~ sum.

$$\Rightarrow {}^2P_{3/2} \quad l=1, s=\frac{1}{2}, j=3/2$$

$$\text{Gnd State of He: } {}^1S_0 \quad l=0, S=0, J=0$$

Spin-Orbit ^{effects} are easily seen in this basis. Indeed

$$H_{SO} \sim \hbar \vec{L} \cdot \vec{S} = \hbar \frac{1}{2} (\vec{J}^2 - \vec{L}^2 - \vec{S}^2)$$

$$\Rightarrow \vec{L} \cdot \vec{S} |l, s, j, m\rangle = \frac{\hbar^2}{2} (j(j+1) - l(l+1) - s(s+1)) |l, s, j, m\rangle$$

For $s = \frac{1}{2}$ and $j = l + \frac{1}{2}$

$$\Rightarrow \vec{L} \cdot \vec{S} |l, \frac{1}{2}, l + \frac{1}{2}, m\rangle = \frac{l}{2} \hbar^2 |l, \frac{1}{2}, l + \frac{1}{2}, m\rangle$$

and, for $j = l - \frac{1}{2}$,

$$\vec{L} \cdot \vec{S} |l, \frac{1}{2}, l - \frac{1}{2}, m\rangle = -\left(\frac{l+1}{2}\right) \hbar^2 |l, \frac{1}{2}, l - \frac{1}{2}, m\rangle$$

\Rightarrow states with \vec{L} antiparallel to \vec{S} have lower energy.

The actual form of the S-O term in Hydrogen is

$$H_{SO} = \frac{e^2}{4m^2c^2 r^3} (J^2 - L^2 - S^2)$$

$$\begin{aligned} \Rightarrow \langle n', \frac{1}{2}, j', m' | H_{SO} | n, \frac{1}{2}, j, m \rangle &= \delta_{jj'} \delta_{mm'} \delta_{ll'} \times \\ &\times \frac{e^2}{4m^2c^2} \langle n, l | \frac{1}{r^3} | n, l \rangle \hbar^2 \left(j(j+1) - l(l+1) - \frac{3}{4} \right) \end{aligned}$$

$j = l \pm \frac{1}{2}$ first order P.T. shift due to S.O.

$$E_{SO}^{(1)} = \frac{\hbar^2 e^2}{4m^2 c^2} \left\langle \frac{1}{r^3} \right\rangle_{nl} \begin{bmatrix} l \\ -(l+1) \end{bmatrix} \leftarrow \begin{matrix} j = l + \frac{1}{2} \\ j = l - \frac{1}{2} \end{matrix}$$

Since $\left\langle \frac{1}{r^3} \right\rangle_{nl} = \frac{1}{a_0^3} \frac{1}{n^3 l(l+\frac{1}{2})(l+1)}$

$$\Rightarrow E_{SO}^{(1)} = \frac{1}{4} mc^2 \alpha^4 \frac{\begin{bmatrix} l \\ -(l+1) \end{bmatrix}}{n^3 l(l+\frac{1}{2})(l+1)} \quad l \neq 0$$

for $l=0$, $\left\langle \frac{1}{r^3} \right\rangle \rightarrow \infty$ but for $l=0$ there is only one state, $j = \frac{1}{2}$ and $\langle \vec{L} \cdot \vec{S} \rangle = 0$ in that state. The result is that, for $l=0$, we get

$$E_{SO}^{(1)}(l=0) = \frac{1}{4} \frac{mc^2 \alpha^4}{n^3} \quad \text{which is finite}$$

(explanation in Dirac's theory!)

If we add the relativistic correction to K.E., $H_T \approx -\frac{p^4}{8m^3 c^2}$

we get $E_T^{(1)} = -\frac{1}{8m^3 c^2} \langle nml | p^4 | nml \rangle$

$$= -\frac{1}{2} mc^2 \alpha^4 \left[-\frac{3}{4n^4} + \frac{1}{n^3(l+\frac{1}{2})} \right]$$

$$\Rightarrow E_T^{(1)} + E_{SO}^{(1)} = -\frac{mc^2 \alpha^2}{2n^2} \cdot \frac{\alpha^2}{n} \left[\frac{1}{j+\frac{1}{2}} - \frac{3}{4n} \right] \quad j = l \pm \frac{1}{2}$$

$$\alpha = \frac{e^2}{\hbar c} \approx \frac{1}{137} \dots \text{ fine structure const.}$$

Applications 2:Scattering of $S = 1/2$ particles with $S = 0$ particles

Another example is the scattering of particles with \neq spin. For simplicity we will consider a $S = 1/2$ particle (such as a proton p) and a ~~p~~ $S = 0$ particle (such as a pion π). In this case the orbital angular momentum is the relative ^{orbital} angular momentum of the p and π and $S = 1/2$ is the spin of p .

When we do a scattering expt. the states are naturally described by $|l, s, m_l, m_s\rangle$.

The p - π interactions are isotropic. This means that the Hamiltonian is invariant under rotations \Rightarrow the total angular momentum \vec{J} is conserved.

$$\vec{J} = \vec{L} + \vec{S} \quad \Rightarrow \quad [H, \vec{J}] = 0$$

but ~~L_z~~ L_z and S_z are not conserved. (i.e. spin flip)

\Rightarrow the quantum #'s, l, s, m are not expected to change although l might (we will see that this is not the case).

At the level of the Born-approx., the scattering amplitude is

$$\sim \langle l's'j'm' | H_{int} | l s j m \rangle$$

since $[H_{int}, J_z] = 0$

$$\Rightarrow \langle l's'j'm' | [H_{int}, J_z] | l s j m \rangle = 0$$

But

$$\langle l's'j'm' | [H_{int}, J_z] | l s j m \rangle = (m^2 - m'^2) \langle l's'j'm' | H_{int} | l s j m \rangle$$

$$\Rightarrow \langle l's'j'm' | H_{int} | l s j m \rangle = 0 \quad \text{unless } \underline{m = m'}$$

The same line of argument shows that since

$$[H_{int}, \vec{J}^2] = 0 \Rightarrow \underline{j = j'}$$

The allowed values of j are

$$j = l + \frac{1}{2} \quad \text{and} \quad j = l - \frac{1}{2}$$

\Rightarrow Given j , the allowed values of l are $j \pm \frac{1}{2}$

$$\text{Since } l' = j \pm \frac{1}{2} \Rightarrow l' = l, l \pm 1$$

$\uparrow \quad \uparrow$
 final initial

H_{int} is invariant under Parity, $[H_{int}, P] = 0$

and the parity of a state of angular momentum l

is $(-1)^l$ (or is invariant)

$$\Rightarrow (-1)^l = (-1)^{l'} \Rightarrow l - l' \text{ must be } \underline{\text{even}}$$

$$\Rightarrow \underline{l' = l}$$

Furthermore, rotational invariance \Rightarrow

$$\langle l s j m | H_{int} | l s j m \rangle \equiv B(l, j) \quad (\text{not of } \underline{m})$$

The scattering amplitude (in the Born app.) involves

the matrix element $\langle l's' m'_e m'_s | H_{int} | l s m_e m_s \rangle$

Changing basis

$$\langle l's' m'_e m'_s | H_{int} | l s m_e m_s \rangle =$$

$$= \sum_{\substack{j, j' \\ m, m'}} \langle l's' m'_e m'_s | l's j' m' \rangle \langle l's j' m' | H | l s j m \rangle \\ \langle l s j m | l s m_e m_s \rangle$$

$$= \delta_{ll'} \delta_{m_e+m_s, m'_e+m'_s} \sum_{j=l \pm \frac{1}{2}} \downarrow \begin{matrix} B(l, j) \\ \langle l s m'_e m'_s | l s j m \rangle \langle l s j m | l s m_e m_s \rangle \end{matrix}$$

\Rightarrow we only need to know the amplitudes $B(l, l \pm \frac{1}{2})$

and the CGC's

Fall 2002 \rightarrow skip to

Spin and Identical Particles

length matter

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Rotations and Tensor Operators

If \vec{J} is the total angular momentum of a physical system, the operator

$$R[\alpha] = e^{-\frac{i}{\hbar} \vec{\alpha} \cdot \vec{J}}$$

acting on the right, rotates the state in a (+) sense about ~~rotates the state~~

the axis $\frac{\vec{\alpha}}{|\vec{\alpha}|}$ by an angle $|\vec{\alpha}|$. The states $|jm\rangle$

are eigenstates of \vec{J}^2 and J_z . The state

$R[\alpha]|jm\rangle$ remains an eigenstate of \vec{J}^2 (with the same e.v.), i.e. a ^{uniform} rotation does not change the angular momentum of the system.

$$\Rightarrow [R[\alpha], \vec{J}^2] = 0 \Rightarrow \vec{J}^2 R[\alpha]|jm\rangle = R[\alpha] \vec{J}^2 |jm\rangle = \hbar^2 j(j+1) R[\alpha]|jm\rangle$$

However $R[\alpha]|jm\rangle$ is not an eigenstate of J_z with e.v. $\hbar m$.

~~Since~~ since the set $\{|jm\rangle\}$ is complete

$$\Rightarrow R[\alpha]|jm\rangle = \sum_{m''=-j}^j d_{m''m}^{(j)}[\alpha] |jm''\rangle$$

(since j does not change)

$$\Rightarrow d_{m'm}^{(j)}[\alpha] = \langle jm'| e^{-\frac{i}{\hbar} \vec{\alpha} \cdot \vec{J}} |jm\rangle \quad \text{which is a } 2j+1 \times 2j+1 \text{ matrix.}$$

$$\text{Since } R[\gamma] = R[\beta] R[\alpha] \Rightarrow d_{m'm}^{(j)}(\gamma) = \sum_{m''} d_{m''m'}^{(j)}(\beta) d_{m''m}^{(j)}(\alpha)$$

$d^{(j)}[\gamma] = d^{(j)}[\beta] d^{(j)}[\alpha]$, the d 's are a representation of the rotation group.

properties:

$$(1) \quad d_{mm'}^{(j)}(0) = \delta_{mm'} \quad (\text{identity})$$

$$(2) \quad [d^{(j)}(\alpha)]_{m'm}^\dagger = d_{mm'}^{(j)}(\alpha)^* = \langle jm' | e^{-\frac{i}{\hbar} \vec{J} \cdot \vec{\alpha}} | jm \rangle^* \\ = \langle jm' | e^{\frac{i}{\hbar} \vec{J} \cdot \vec{\alpha}} | jm \rangle \\ = d_{m'm}^{(j)}(-\alpha)$$

$$d^{(j)}(\alpha)^\dagger = d^{(j)}(-\alpha)$$

$$d^{(j)}(\alpha)^\dagger d^{(j)}(\alpha) = I$$

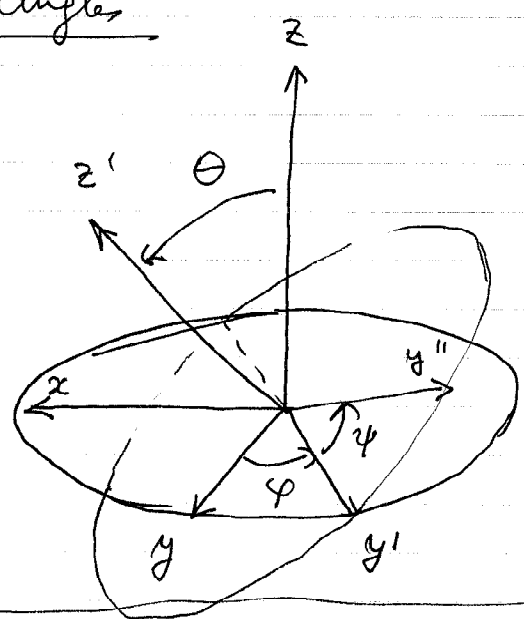
(3) For j fixed, the set $\{|jm\rangle\}$ is irreducible in the sense that it is the smallest set of states (with the same j) that transform into each other under the action of the rotation group. Conversely, for general~~ly~~ but not fixed j , the d -matrices can be reduced to ^{the} block-diagonal form

$$d = \begin{matrix} & \begin{matrix} 1 & 2 & 3 & 4 & \dots \end{matrix} \\ \begin{matrix} \text{---} \\ \text{---} \\ \text{---} \\ \vdots \\ \text{---} \end{matrix} & \begin{bmatrix} \text{---} & & & & \\ & \text{---} & & & \\ & & \text{---} & & \\ & & & \text{---} & \\ & & & & \ddots \\ & & & & & \text{---} \\ & & & & & & \ddots \\ & & & & & & & \text{---} \\ & & & & & & & & \ddots \end{bmatrix} \end{matrix}$$

$j=0$
 $j=1/2$
 $j=1$
 $j=3/2$

Thus, these matrices $d_{mm'}^{(j)}$ with $j = \frac{1}{2}, 1$ are reducible but the matrices $d_{mm'}^{(j)}$ for $j = 1/2$ and $d_{mm'}^{(j)}$ for $j \geq 1$ are irreducible.

Euler Angles



- ① rotate about \hat{z} by φ
($\hat{y} \rightarrow \hat{y}'$)
- ② rotate about \hat{y}' by
an angle θ ($\hat{z} \rightarrow \hat{z}'$)
- ③ rotate about \hat{z}' by
an angle ψ
($\hat{y}' \rightarrow \hat{y}''$)

$$R[\varphi, \theta, \psi] = e^{-\frac{i}{\hbar} \psi J_{z'}} e^{-\frac{i}{\hbar} \theta J_{y'}} e^{-\frac{i}{\hbar} \varphi J_z}$$

But

$$J_{y'} = e^{-\frac{i}{\hbar} \varphi J_z} J_y e^{\frac{i}{\hbar} \varphi J_z}$$

$$\Rightarrow f(J_{y'}) = e^{-\frac{i}{\hbar} \varphi J_z} f(J_y) e^{\frac{i}{\hbar} \varphi J_z} \quad (\text{expand!})$$

$$\Rightarrow e^{-\frac{i}{\hbar} \theta J_{y'}} = e^{-\frac{i}{\hbar} \varphi J_z} e^{-\frac{i}{\hbar} \theta J_y} e^{\frac{i}{\hbar} \varphi J_z}$$

Similarly

$$e^{-\frac{i}{\hbar} \psi J_{z'}} = e^{-\frac{i}{\hbar} \theta J_{y'}} e^{-\frac{i}{\hbar} \psi J_z} e^{\frac{i}{\hbar} \theta J_{y'}}$$

$$\Rightarrow R[\varphi, \theta, \psi] = e^{-\frac{i}{\hbar} \varphi J_z} e^{-\frac{i}{\hbar} \theta J_y} e^{\frac{i}{\hbar} \varphi J_z} e^{-\frac{i}{\hbar} \psi J_z} e^{\frac{i}{\hbar} \theta J_y} e^{\frac{i}{\hbar} \varphi J_z} e^{-\frac{i}{\hbar} \psi J_z} e^{\frac{i}{\hbar} \theta J_y} e^{\frac{i}{\hbar} \varphi J_z}$$

$$e^{-\frac{i}{\hbar} \varphi J_z} e^{-\frac{i}{\hbar} \theta J_y} e^{\frac{i}{\hbar} \varphi J_z} e^{-\frac{i}{\hbar} \psi J_z}$$

$$\Rightarrow R[\varphi, \theta, \psi] = e^{-\frac{i}{\hbar} \varphi J_z} e^{-\frac{i}{\hbar} \theta J_y} e^{-\frac{i}{\hbar} \psi J_z} \quad (\text{note the unprimed indices!})$$

$$\Rightarrow d_{mm'}^{(j)}(\varphi, \theta, \psi) = \langle jm | e^{-\frac{i}{\hbar} \varphi J_z} e^{-\frac{i}{\hbar} \theta J_y} e^{-\frac{i}{\hbar} \psi J_z} |jm'\rangle$$

$$= e^{-\frac{im\varphi}{\hbar}} e^{-im'\psi} \langle jm | e^{-\frac{i}{\hbar} \theta J_y} |jm'\rangle$$

$$\Rightarrow d_{mm'}^{(j)}(\varphi, \theta, \psi) = e^{-im\varphi} e^{-im'\psi} d_{mm'}^{(j)}(\theta)$$

\Rightarrow we only need the matrix for rotations about \hat{y} by an angle θ .

It turns out (see Baym page 386) that $d_{mm'}^{(j)}(\theta)$ is real.

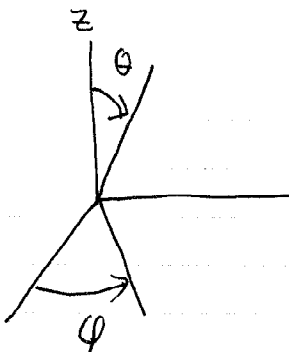
and that it satisfies

$$d_{-m, -m'}^{(j)}(\theta) = (-1)^{2j-m-m'} d_{mm'}^{(j)}(\theta)$$

Let's show that

$$d_{m,0}^{(j)}(\varphi, \theta, \psi) = \sqrt{\frac{4\pi}{2j+1}} Y_{jm}^*(\theta, \varphi)$$

Note that $R_{\varphi, \theta, 0}$ is the rotation that brings the z axis to (φ, θ) (in spherical coords.)



$$\Rightarrow |\theta=0, \varphi=0\rangle \rightarrow |\theta, \varphi\rangle = R_{\varphi, \theta, 0} |\theta=0, \varphi=0\rangle$$

$$\Rightarrow \sum_{m'} \langle jm | R_{\varphi, \theta, 0} |jm'\rangle \langle jm' | \theta=0, \varphi=0\rangle =$$

$$= \langle jm | \theta, \varphi\rangle$$

$$\Rightarrow \sum_{m'} d_{mm'}^{(j)}(\varphi, \theta, 0) Y_{jm'}^*(0, 0) = Y_{jm}^*(\theta, \varphi)$$

But
$$Y_{jm}(\theta, 0) = \delta_{m,0} \sqrt{\frac{2j+1}{4\pi}}$$

$$\Rightarrow d_{m0}^{(j)}(\varphi, \theta, 0) = \sqrt{\frac{4\pi}{2j+1}} Y_{jm}^*(\theta, \varphi) \equiv d_{m0}^{(j)}(\varphi, \theta, \varphi)$$

(since it is indep. of φ)

Furthermore from

$$R[\alpha] |jm\rangle = \sum_{m''=-j}^j |jm''\rangle d_{m''m}^{(j)}[\alpha]$$

we set

~~$$\langle \theta, \varphi | R[\alpha] |jm\rangle = \langle \theta', \varphi' | jm\rangle = Y_{jm}(\theta', \varphi')$$~~

where (θ', φ') is the direction (θ, φ) rotated by $-\vec{\alpha}$ about $\frac{\vec{\alpha}}{|\vec{\alpha}|}$.

$$\Rightarrow Y_{jm}(\theta', \varphi') = \sum_{m'=-j}^j Y_{jm'}(\theta, \varphi) d_{m'm}^{(j)}[\alpha]$$

$$\Rightarrow Y_{j0}(\theta', 0) = \sqrt{\frac{4\pi}{2j+1}} \sum_{m=-j}^j Y_{jm}(\theta, \varphi) Y_{jm}^*(\theta_\alpha, \varphi_\alpha)$$

↓ ↓
Euler angles
of $[\alpha]$.

Since θ' is the angle between the directions with spherical coords (θ, φ) and $(\theta_\alpha, \varphi_\alpha) \Rightarrow$ addition thm.

Consider now the eigenstates $|j_1 j_2 m_1 m_2\rangle$, for fixed j_1, j_2 of two angular momenta \vec{J}_1 and \vec{J}_2 . To perform rotations on these states we act with the operator $e^{-\frac{i}{\hbar} \vec{\alpha} \cdot \vec{J}}$, where $\vec{J} = \vec{J}_1 + \vec{J}_2$.

But the rotation ops. do not act irreducibly on the states $|j_1 j_2 m_1 m_2\rangle$ since, as we know, we can write the $|j_1 j_2 m_1 m_2\rangle$ states as linear combinations of the states $|j_1 j_2 j m\rangle$ which are eigenstates of \vec{J}^2 and J_z and, under rotations, states with $\neq j$ do not mix.

\Rightarrow the set of $(2j_1+1) \times (2j_2+1)$ states $|j_1 j_2 m_1 m_2\rangle$ must break up into groups of states for the possible values of j and the states with a given j transform ^{only} into each other under rotations.

How does $|j_1 j_2 m_1 m_2\rangle$ transform?

$$\text{Since } e^{-\frac{i}{\hbar} \vec{\alpha} \cdot \vec{J}} = e^{-\frac{i}{\hbar} \vec{\alpha} \cdot \vec{J}_1} e^{-\frac{i}{\hbar} \vec{\alpha} \cdot \vec{J}_2}$$

$$\Rightarrow e^{-\frac{i}{\hbar} \vec{\alpha} \cdot \vec{J}} |j_1 j_2 m_1 m_2\rangle = \sum_{m'_1 m'_2} |j_1 j_2 m'_1 m'_2\rangle d_{m'_1 m_1}^{(j_1)}[\alpha] d_{m'_2 m_2}^{(j_2)}[\alpha]$$

$$\Rightarrow \langle j_1, j_2, m_1, m_2 | e^{-\frac{i}{\hbar} \vec{a} \cdot \vec{J}} | j_1, j_2, m_1, m_2 \rangle =$$

$$= d_{m_1, m_1}^{(j_1)}(\alpha) d_{m_2, m_2}^{(j_2)}(\alpha)$$

This is the matrix element of a $(2j_1+1)(2j_2+1) \times (2j_1+1)(2j_2+1)$ dimensional matrix

$d^{(j_1)} \otimes d^{(j_2)}$ the direct product of the two matrices $d^{(j_1)}$ and $d^{(j_2)}$

$$\Rightarrow [d^{(j_1)} \otimes d^{(j_2)}]_{m_1, m_2, m_1, m_2} = d_{m_1, m_1}^{(j_1)} d_{m_2, m_2}^{(j_2)}$$

This set of (direct product) matrices is reducible

since in the basis $|j_1, j_2, j, m\rangle$ they take a block diagonal form

$$\otimes d^{(j_1)} \otimes d^{(j_2)} = \left[\begin{array}{ccc} \text{shaded box} & & 0 \\ & \text{shaded box} & \\ 0 & & \text{shaded box} \end{array} \right]$$

each submatrix has a fixed j

The change of basis is given by the CGCs

$$\begin{aligned}
 & \langle j_1 j_2 m'_1 m'_2 | e^{-\frac{i}{\hbar} \vec{\alpha} \cdot \vec{J}} | j_1 j_2 m_1 m_2 \rangle \\
 &= \sum_{j m m'} \langle j_1 j_2 m'_1 m'_2 | j_1 j_2 j m' \rangle \langle j_1 j_2 j m' | e^{-\frac{i}{\hbar} \vec{\alpha} \cdot \vec{J}} | j_1 j_2 j m \rangle \\
 & \qquad \qquad \qquad \langle j_1 j_2 j m | j_1 j_2 m_1 m_2 \rangle
 \end{aligned}$$

but $\langle j_1 j_2 j m' | e^{-\frac{i}{\hbar} \vec{\alpha} \cdot \vec{J}} | j_1 j_2 j m \rangle = d_{m'm}^{(j)}[\alpha]$

$$\Rightarrow d_{m'_1 m_1}^{(j_1)}[\alpha] d_{m'_2 m_2}^{(j_2)}[\alpha] = \sum_j \sum_{m, m'} \frac{\langle j_1 j_2 m'_1 m'_2 | j_1 j_2 j m' \rangle \langle j_1 j_2 m, m_2 | j_1 j_2 j m \rangle d_{m'm}^{(j)}[\alpha]}{\langle j_1 j_2 m_1 m_2 | j_1 j_2 j m \rangle}$$

or, using orthogonality of the CGC's,

$$d_{m'm}^{(j)}[\alpha] \delta_{j j'} = \sum_{m_1 m'_1} \sum_{m_2 m'_2} \langle j_1 j_2 m'_1 m'_2 | j_1 j_2 j m' \rangle \langle j_1 j_2 m_1 m_2 | j_1 j_2 j m \rangle \times d_{m'_1 m_1}^{(j_1)}[\alpha] d_{m'_2 m_2}^{(j_2)}[\alpha]$$

e.g. if j_1, j_2 are integers

\Rightarrow

$$Y_{j_1 m_1}(\theta, \varphi) Y_{j_2 m_2}(\theta, \varphi) = \sum_{j m} \sqrt{\frac{(2j_1+1)(2j_2+1)}{4\pi(2j+1)}} \langle j_1 j_2 m_1 m_2 | j_1 j_2 j m \rangle \langle j_1 j_2 0 0 | j_1 j_2 j 0 \rangle Y_{j m}(\theta, \varphi)$$

\Rightarrow products of $Y_{j m}$'s are l.c.'s of $Y_{j m}$'s

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Tensor operators and the Wigner-Eckart Thm.

The states $\{|jm\rangle\}$ transform into each other under rotations following the transformation law

$$R[\alpha]|jm\rangle = \sum_{m''=-j}^j |jm''\rangle d_{m''m}^{(j)}[\alpha]$$

How do the operators themselves transform?

An arbitrary operator in this space has the form

$$A = \sum_{mm'} |jm\rangle \langle jm'| A_{mm'}^{(j)}$$

$\Rightarrow A \rightarrow A_\alpha = R[\alpha] A R[\alpha]^{-1}$ is the transformation law.

$$\Rightarrow \langle \phi | A | \psi \rangle = \langle \phi_\alpha | R[\alpha] A R[\alpha]^{-1} | \psi_\alpha \rangle$$

~~$$= \langle \phi_\alpha | R[\alpha]^{-1} R[\alpha] A R[\alpha]^{-1} R[\alpha] | \psi_\alpha \rangle$$~~

$$= \langle \phi_\alpha | A_\alpha | \psi_\alpha \rangle$$

i.e. the m.e. of A are equal to the m.e. of the

rotated op. $A_\alpha \equiv R[\alpha] A R[\alpha]^{-1}$ in the rotated states $|\psi_\alpha\rangle = R[\alpha]|\psi\rangle$
 $|\phi_\alpha\rangle = R[\alpha]|\phi\rangle$

However some operators are scalars under rotations; i.e.

they are invariant. Thus $\boxed{\text{if } [A, \vec{J}] = 0}$

$$\Rightarrow \boxed{[A, R[\alpha]] = 0} \Rightarrow A_\alpha = R[\alpha] A R[\alpha]^{-1} = R[\alpha] R[\alpha]^{-1} A = A$$

$$\Rightarrow \boxed{A_\alpha = A} \quad (\text{scalar})$$

In general, arbitrary ops. are not scalars but transform under rotations. Most ops. do not have simple transf. laws. There exists a set of ops., called tensor ops., that transform \neq simply under rotations (these ops. are a basis in the space of operators).

Let us define the irreducible tensor operators $T^{(k)}$ (of order k) as the set of $2k+1$ operators $T_{q'}^{(k)}$, with $-k \leq q' \leq k$ ~~which~~, which transform as follows

$$R[\alpha] T_{q'}^{(k)} R[\alpha]^{-1} = \sum_{q''=-k}^k T_{q''}^{(k)} d_{q''q'}^{(k)}[\alpha]$$

(i.e. they have the same transf. law as the states) where $d_{q''q'}^{(k)}$ are the matrix elements of the irreducible representation of the rot. group of dimension $2k+1$.

Clearly

- ① $T^{(0)}$ is a scalar (dimension 1)
- ② $T^{(1)}$ is a vector (dimension 3)
- ③ $T^{(1/2)}$ is a spinor (dimension 2)

\Rightarrow the irreducibility of $d^{(k)} \Rightarrow$ irreducibility of $T^{(k)}$.

For infinitesimal rotations

$$R[\alpha] = e^{-\frac{i}{\hbar} \vec{\alpha} \cdot \vec{J}} \approx I - \frac{i}{\hbar} \vec{\alpha} \cdot \vec{J} + \dots$$

$$\begin{aligned} \Rightarrow R[\alpha] T_q^{(k)} R[\alpha]^{-1} &\approx \left(I - \frac{i}{\hbar} \vec{\alpha} \cdot \vec{J} + \dots \right) T_q^{(k)} \left(I + \frac{i}{\hbar} \vec{\alpha} \cdot \vec{J} + \dots \right) \\ &= T_q^{(k)} - \frac{i}{\hbar} [\vec{\alpha} \cdot \vec{J}, T_q^{(k)}] + \dots \end{aligned}$$

$$d_{q'q}^{(k)}[\alpha] = \langle kq' | e^{-\frac{i}{\hbar} \vec{\alpha} \cdot \vec{J}} | kq \rangle \approx \delta_{q'q} - \frac{i}{\hbar} \vec{\alpha} \cdot \langle kq' | \vec{J} | kq \rangle + \dots$$

$$\begin{aligned} \Rightarrow R[\alpha] T_q^{(k)} R[\alpha]^{-1} &= T_q^{(k)} - \frac{i}{\hbar} [\vec{\alpha} \cdot \vec{J}, T_q^{(k)}] + \dots \\ &= \sum_{q'=-k}^k T_{q'}^{(k)} \left[\delta_{q'q} - \frac{i}{\hbar} \vec{\alpha} \cdot \langle kq' | \vec{J} | kq \rangle + \dots \right] \\ &= T_q^{(k)} - \frac{i}{\hbar} \vec{\alpha} \cdot \sum_{q'=-k}^k \langle kq' | \vec{J} | kq \rangle + \dots \end{aligned}$$

$$\Rightarrow [\vec{\alpha} \cdot \vec{J}, T_q^{(k)}] = \sum_{q'=-k}^k T_{q'}^{(k)} \langle kq' | \vec{\alpha} \cdot \vec{J} | kq \rangle$$

$$\Rightarrow [J_z, T_q^{(k)}] = \sum_{q'=-k}^k T_{q'}^{(k)} \langle kq' | J_z | kq \rangle$$

$$\Rightarrow [J_z, T_q^{(k)}] = \hbar q T_q^{(k)}$$

$$[J_{\pm}, T_{\ell}^{(k)}] = \sum_{\ell' = -k}^k T_{\ell'}^{(k)} (k \ell' | J_{\pm} | k \ell \rangle)$$

$$\Rightarrow [J_{\pm}, T_{\ell}^{(k)}] = \hbar T_{\ell \pm 1}^{(k)} \sqrt{k(k+1) - \ell(\ell \pm 1)}$$

These eqns. are fully equivalent to the transf. law for finite rotations but much easier to deal with.

Example

a vector operator \vec{V} obeys the commutation laws

$$[J_i, V_j] = i\hbar \epsilon_{ijk} V_k \quad (i, j, k = x, y, z)$$

\Rightarrow it must be equivalent to the laws derived above specialized for vector operators ($k=1$)

$$\text{Since } [J_z, V_z] = 0 \Rightarrow V_{\ell=0} \text{ must be } V_z$$

$$V_{\ell=0} = V_z$$

~~Therefore~~ we find the identifications:

$$V_{\ell=\pm 1} = \mp \frac{V_x \pm iV_y}{\sqrt{2}}$$

$$\text{Let } \vec{V} = \vec{r}$$

$$\Rightarrow r_0 = z, \quad r_1 = -\frac{x+iy}{\sqrt{2}}, \quad r_{-1} = \frac{x-iy}{\sqrt{2}}$$

$$x = r \cos \varphi \sin \theta$$

$$y = r \sin \varphi \sin \theta$$

$$z = r \cos \theta$$

$$r_1 = -\frac{r}{2} \sin \theta e^{i\varphi}$$

$$r_0 = r \cos \theta$$

$$r_{-1} = \frac{r}{2} \sin \theta e^{-i\varphi}$$

spherical
coords.

$$\Rightarrow r_{\vartheta} = \sqrt{\frac{4\pi}{3}} r \quad Y_{1\vartheta}(\theta, \varphi) \equiv \sqrt{\frac{4\pi}{3}} P_{1,\vartheta}$$

and $P_{1,\vartheta}$ is a first order homogeneous polynomial.

For an arbitrary vector operator \vec{V} we have

$$V_{\vartheta} = \sqrt{\frac{4\pi}{3}} P_{1,\vartheta}(V_x, V_y, V_z)$$

It can be shown (see Baym p. 370-371) that ($l, m \in \mathbb{Z}$)

$P_{lm}(x, y, z) = r^l Y_{lm}(\theta, \varphi)$, which is a homogeneous polynomial of order l , has the right transformation laws since.

$$R[\alpha] P_{lm} R^{-1}[\alpha] = \sum_{m'} P_{lm'} d_{m'm}^{(l)}[\alpha]$$

Other properties of Tensor Ops.

Let $|\lambda, j, m\rangle$ be a state (λ are other quantum #'s)

$\Rightarrow T_{\vartheta}^{(k)} |\lambda, j, m\rangle$ is a state with $J_z = \hbar(m + \vartheta)$

$$\begin{aligned} \Leftrightarrow J_z T_{\vartheta}^{(k)} |\lambda, j, m\rangle &= [J_z, T_{\vartheta}^{(k)}] |\lambda, j, m\rangle + T_{\vartheta}^{(k)} J_z |\lambda, j, m\rangle \\ &= \hbar \vartheta T_{\vartheta}^{(k)} |\lambda, j, m\rangle + \hbar m T_{\vartheta}^{(k)} |\lambda, j, m\rangle \end{aligned}$$

$$\Rightarrow J_z T_{\vartheta}^{(k)} |\lambda, j, m\rangle = \hbar(\vartheta + m) T_{\vartheta}^{(k)} |\lambda, j, m\rangle$$

It is also easy to show that

$$R[\alpha] T_{\vartheta}^{(k)} |\lambda, j, m\rangle = e^{-i(\vartheta+m)\varphi} T_{\vartheta}^{(k)} |\lambda, j, m\rangle$$

The operators $T_g^{(k)}$ are not eigenstates of \vec{J}^2

since acting on a state $|j, m\rangle$ with $T_g^{(k)}$ is like adding two angular momenta with e.v.'s k_g and j, m . The state

$$|j, m\rangle = \sum_{g, m_g} T_g^{(k)} |j, m_g\rangle \underbrace{\langle k, j, g, m_g | k, j, j, m \rangle}_{CGC}$$

is an eigenstate of \vec{J}^2 with e.v. $\hbar^2 j(j+1)$

To show this we compute $R[\alpha] |j, m\rangle$

$$\begin{aligned} R[\alpha] |j, m\rangle &= \sum_{g, m_g} R[\alpha] T_g^{(k)} |j, m_g\rangle \langle k, j, g, m_g | k, j, j, m \rangle \\ &= \sum_{g, m_g} (R[\alpha] T_g^{(k)} R[\alpha]^{-1}) R[\alpha] |j, m_g\rangle \langle k, j, g, m_g | k, j, j, m \rangle \\ &= \sum_{g, m_g} \sum_{g'} T_{g'}^{(k)} d_{g'g}^{(k)}[\alpha] \sum_{m'} |j, m'\rangle d_{m'm}^{(j)}[\alpha] \langle k, j, g, m_g | k, j, j, m \rangle \\ &= \sum_{g', m'} T_{g'}^{(k)} |j, m'\rangle \sum_{g, m} d_{g'g}^{(k)}[\alpha] d_{m'm}^{(j)}[\alpha] \langle k, j, g, m | k, j, j, m \rangle \end{aligned}$$

using the orthogonality property of the CGC's ~~and~~ and the decomposition of the d 's we set

$$\begin{aligned} R[\alpha] |j, m\rangle &= \sum_{g', m'} T_{g'}^{(k)} |j, m'\rangle \langle k, j, g', m' | k, j, j, m' \rangle d_{m'm}^{(j)}[\alpha] \\ &= \sum_{m'} |j, m'\rangle d_{m'm}^{(j)}[\alpha] \end{aligned}$$

$\Rightarrow |j, m\rangle$ transforms like a state with e.v.'s j, m .

Averages (or integrals) over rotations:

$$\omega = (\varphi, \theta, \psi)$$

$$\int d\omega f(\omega) \equiv \frac{1}{2} \int_{-1}^1 d\cos\theta \int_0^{4\pi} \frac{d\varphi}{4\pi} \int_0^{4\pi} \frac{d\psi}{4\pi} f(\varphi, \theta, \psi)$$

invariant (Haar) measure (4π's due to spin)

$$\int d\omega = 1$$

$$\int dR[\omega] = \int d\omega \quad (\text{invariance})$$

$$\int d\omega d_{mm'}^{(j)}(\varphi, \theta, \psi) = \frac{1}{2} \int_{-1}^1 d\cos\theta \int_0^{4\pi} \frac{d\varphi}{4\pi} \int_0^{4\pi} \frac{d\psi}{4\pi} e^{-im\varphi} e^{-im'\psi} d_{mm'}^{(j)}(\theta)$$

$$d_{mm'}^{(j)}(\varphi, \theta, \psi) = e^{-im\varphi} e^{-im'\psi} d_{mm'}^{(j)}(\theta)$$

$$\Rightarrow \int d\omega d_{mm'}^{(j)}(\varphi, \theta, \psi) = \delta_{m,0} \delta_{m',0} \frac{1}{2} \int_{-1}^1 d\cos\theta d_{00}^{(j)}(\theta)$$

but $m=0=m' \Rightarrow j \in \mathbb{Z}$ and $(\forall j) j \in \mathbb{Z}$

$$d_{m,0}^{(j)}(\varphi, \theta, \psi) = \sqrt{\frac{4\pi}{2j+1}} Y_{jm}(\theta, \varphi)^*$$

$$\text{since } \frac{1}{2} \int_{-1}^1 d\cos\theta \int_0^{4\pi} \frac{d\varphi}{4\pi} \sqrt{\frac{4\pi}{2j+1}} Y_{jm}(\theta, \varphi)^* = \delta_{j,0} \delta_{m,0}$$

$$\Rightarrow \int d\omega d_{mm'}^{(j)}(\varphi, \theta, \psi) = \delta_{j,0} \delta_{m,0} \delta_{m',0}$$

$\Rightarrow \int d\omega R[\omega] = P_0 \rightarrow$ projection op. onto the
singlet state $|0,0\rangle$

These relations can be used to ~~show~~ show that

$$\int d\omega d^{(j_1)}_{m_1 m_1}(\omega) d^{(j_2)}_{m_2 m_2}(\omega) = \frac{1}{2j_1+1} \delta_{j_1 j_2} \delta_{m_1 m_2} \delta_{m_1 m_2}$$

Let us ~~the~~ define the character of the representation j by

$$\chi^j(\omega) \equiv \text{tr } d^{(j)}(\omega) \equiv \sum_{m=-j}^j d^{(j)}_{mm}(\omega)$$

It satisfies

$$\int d\omega \chi^{(j)}(\omega) = \delta_{j0}$$

$$\int d\omega \chi^{(j_1)}(\omega)^* \chi^{(j_2)}(\omega) = \delta_{j_1 j_2} \quad (\text{orthogonality})$$

Consider now two states $|\lambda j m\rangle$, $|\lambda' j' m'\rangle$

(λ, λ' are other quantum numbers)

$$\Rightarrow \langle \lambda' j' m' | \lambda j m \rangle = 0 \quad \text{unless } j=j' \text{ and } m=m' \quad (\text{orthogonality})$$

Let's show that ^{it} is independent of m .

$$\text{Since } \int d\omega R[\omega]^{-1} R[\omega] = \mathbb{I}$$

$$\begin{aligned} \Rightarrow \int \langle \lambda' j' m' | \lambda j m \rangle &= \langle \lambda' j' m' | \mathbb{I} | \lambda j m \rangle \\ &= \int d\omega \langle \lambda' j' m' | R^{-1}[\omega] R[\omega] | \lambda j m \rangle \end{aligned}$$

$$\text{But } R[\omega] | \lambda j m \rangle = \sum_{\bar{m}=-j}^j | \lambda j \bar{m} \rangle d^{(j)}_{\bar{m} m}(\omega)$$

$$\begin{aligned} \langle \lambda' j' m' | \lambda j m \rangle &= \int d\omega \sum_{\bar{m}, \bar{m}'} d^{(j')}_{\bar{m}' m'}(\omega)^* d^{(j)}_{\bar{m} m}(\omega) \langle \lambda' j' \bar{m}' | \lambda j \bar{m} \rangle \\ (\text{orthogonality}) &= \delta_{j j'} \delta_{m m'} \sum_{\bar{m}} \langle \lambda' j' \bar{m}' | \lambda j \bar{m} \rangle \frac{1}{2j+1} \end{aligned}$$

$\Rightarrow \langle \lambda' j' m' | \lambda j m \rangle$ is independent of m .

Since the state

$$|\tilde{\lambda} j m\rangle = \sum_{j' m'} T_g^{(k)} |\lambda j' m'\rangle \langle k j' g m | k j j m\rangle$$

is an eigenstate of \vec{J}^2 with ev $j(j+1)\hbar^2$ and of J_z with ev $\hbar m \Rightarrow$

$$\begin{aligned} \Rightarrow \langle \lambda' j' m' | \tilde{\lambda} j m \rangle &= \sum_{j' m'} \langle \lambda' j' m' | T_g^{(k)} | \tilde{\lambda} j m \rangle \langle k j' g m | k j j m \rangle \\ &= \delta_{j j'} \delta_{m m'} \sum_{\bar{m}} \frac{\langle \lambda' j' \bar{m} | \tilde{\lambda} j \bar{m} \rangle}{2j'+1} \end{aligned}$$

$$\begin{aligned} \Rightarrow \sum_{j' m'} \langle \lambda' j' m' | T_g^{(k)} | \lambda j m \rangle \langle k j' g m | k j j m \rangle &= \\ &= \frac{\delta_{j j'} \delta_{m m'}}{2j'+1} \sum_{\bar{m}} \langle \lambda' j' \bar{m} | \lambda j \bar{m} \rangle \end{aligned}$$

\Rightarrow using the orthogonality of the CGC's, we find

$$\langle \lambda' j' m' | T_g^{(k)} | \lambda j m \rangle = \left(\sum_{\bar{m}} \frac{\langle \lambda' j' \bar{m} | \tilde{\lambda} j \bar{m} \rangle}{2j'+1} \right) \langle k j' g m | k j j m \rangle$$

(Wigner-Eckart Theorem)

(usually written as

$$\langle \lambda' j' m' | T_g^{(k)} | \lambda j m \rangle \equiv \frac{\langle \lambda' j' || T^{(k)} || \lambda j \rangle}{\sqrt{2j'+1}} \langle k j' g m | k j j m \rangle$$

"reduced" matrix element

$$\hookrightarrow \langle \lambda' j' || T^{(k)} || \lambda j \rangle \equiv \sum_{\bar{m}} \frac{\langle \lambda' j' \bar{m} | \tilde{\lambda} j \bar{m} \rangle}{\sqrt{2j'+1}}$$

Applications of the WE Theorem

① Scalar operator $J^{(0)}$ ($k=q=0$)

$$\langle \lambda' j' m' | J^{(0)} | \lambda j m \rangle = \delta_{j j'} \delta_{m m'} \frac{\langle \lambda' j' | | S_0^{(0)} | | \lambda j \rangle}{\sqrt{2j'+1}}$$

since $\langle 0 j_0 m | 0 j j' m \rangle = \delta_{j j'} \delta_{m m'}$

② Matrix elements of J_q

$$\langle \lambda' j' m' | J_q | \lambda j m \rangle = \frac{\langle \lambda' j' | | J | | \lambda j \rangle}{\sqrt{2j'+1}} \langle j j q m | 1 j j' m' \rangle$$

To evaluate $\langle \lambda' j' | | J | | \lambda j \rangle$ ~~we can choose any q~~ we can choose any q

Take $q=0 \Rightarrow J_0 = J_z$

$$\Rightarrow \langle \lambda' j' m' | J_z | \lambda j m \rangle = \hbar m \delta_{j j'} \delta_{m m'} \delta_{\lambda \lambda'}$$

$$= \frac{\langle \lambda' j' | | J | | \lambda j \rangle}{\sqrt{2j'+1}} \langle 1 j_0 m | 1 j j' m \rangle$$

$$\langle 1 j_0 m | 1 j j' m \rangle = \frac{m}{\sqrt{j(j+1)}}$$

$$\Rightarrow \frac{\langle \lambda' j' | | J | | \lambda j \rangle}{\sqrt{2j'+1}} = \delta_{j j'} \delta_{\lambda \lambda'} \sqrt{j(j+1)}$$

Finally, even though the product $T_g^{(k)} W_{g'}^{(k')}$ is not irreducible, the linear combination $Z_m^{(j)}$

$$Z_m^{(j)} = \sum_{g g'} T_g^{(k)} W_{g'}^{(k')} \langle k k' g g' | k k' j m \rangle$$

is irreducible. (i.e. $R Z_m^{(j)} R^{-1} = \sum_{m'} Z_{m'}^{(j)} d_{mm'}^{(j)}$)

$$\text{and } T_g^{(k)} W_{g'}^{(k')} = \sum_{j m} Z_m^{(j)} \langle k k' g g' | k k' j m \rangle$$

Let \vec{U}, \vec{V} be two vectn operators $\Rightarrow U_i V_j$ does not transform simply (i.e. it is reducible). But

~~$$U_i V_j = \frac{1}{3} \delta_{ij} \vec{V} \cdot \vec{U} + \frac{1}{2} (U_i V_j - V_j U_i)$$~~

~~$$+ \frac{1}{2} (U_i V_j + V_j U_i) - \frac{1}{3} \vec{V} \cdot \vec{U} \delta_{ij}$$~~

$$V_i U_j = \frac{1}{3} (\vec{V} \cdot \vec{U}) + \frac{1}{2} (V_i U_j - V_j U_i) + \left(\frac{1}{2} (V_i U_j + V_j U_i) - \frac{1}{3} \vec{V} \cdot \vec{U} \delta_{ij} \right)$$

$\frac{1}{3} \vec{V} \cdot \vec{U}$: scalar

$\frac{1}{2} (V_i U_j - V_j U_i) \equiv \epsilon_{ijk} (\vec{V} \times \vec{U})_k$ is a (pseudo) vector

$\frac{1}{2} (V_i U_j + V_j U_i) - \frac{1}{3} \vec{V} \cdot \vec{U} \delta_{ij}$ is a tensor of rank 2.

$$\Rightarrow Z_0^{(0)} = -\frac{1}{3} \vec{V} \cdot \vec{U}$$

$$Z_{\pm 2}^{(2)} = V_{\pm 1} U_{\pm 1}$$

$$Z_m^{(1)} = \frac{1}{i\sqrt{2}} (\vec{V} \times \vec{U})_m$$

$$Z_{\pm 1}^{(2)} = \frac{1}{\sqrt{2}} (V_{\pm 1} U_0 + V_0 U_{\pm 1})$$

$$Z_0^{(2)} = \frac{1}{\sqrt{6}} (V_1 U_{-1} + 2V_0 U_0 + V_{-1} U_1)$$